Skills and knowledge to transform your garden or green space into an edible paradise

- Would you like to be eating more organic- and superfoods but find them too pricey?
- Want your garden to be productive and low maintenance?
- Have a yard or small area of space outside your door where you would like to grow food and make it look nice?
- Are you a teacher or a parent at a local school? Want to grow food there but think it will be too much work?
- Want to see your park better used and promote healthy eating in your community?
- Love making jams and chutneys with berries and fruit, but don’t have the space?

This course will give you the design skills and knowledge to transform your garden or green space into an abundant, edible landscape, that’s full of food, friendly to wildlife, looks good and needs little maintenance.

Edible gardens and landscapes are productive and fruitful, low maintenance, beautiful, functional and ecological green spaces that can be created in almost any urban or peri urban setting.

Design
Learn what the possibilities are. How to get more out of your space by using vertical growing and training your plants for optimum production in a small space. Learn to identify microclimates and make the most of them as well as how to create new microclimates to increase productivity. Get food from shade.

Duration: 8 weeks, Thurs 6:30-9pm.


Book Now – info@ediblecities.co.uk

Location: Leeds University

- Week 1 – Baines Wing SR (1.15), Leeds Uni. LS2 9JT.
- Week 2-8 – Business School Maurice Keyworth SR (1.05), Leeds Uni. Moorland Rd. LS6 1AN

What we believe

- That producing own food locally is really important for sustainability of cities.
- Growing your own healthy, organic, food can be easy and doesn’t have to take up much time.
- That all parts of the city can be used for food production.

Benefits of an edible garden/green space

- Harvest: fruits, nuts, vegetables, herbs, leaves, edible flowers and mushrooms all year
- Improve your health through better nutrition
- Access organic and super foods for little or no cost
- Attract more wildlife to your garden and green space
- Spend more time in your garden
- Add interest at different times of the year from an increase in plant diversity
Suitable Locations/Types of Site?

- Private/Residential: gardens, yards, roof terraces
- Open-Access Green Space: public parks, verges, roundabouts, car parks etc
- Restricted-Access Green Space: schools, housing complexes, halls of residents, hospitals

Slogans

- Low maintenance
- Wildlife friendly
- Nutritious food
- Save money, eat better
- Increase habitat
- Green-up roof terraces & concrete yards

What will the course cover?

During this session you will get:

- An overview of the different options and solutions you can use to create an edible space;
- Examples of low maintenance, edible and useful plants and mushrooms you can grow;
- How to incorporate them into your existing garden or green space;
- Hands-on edible garden/landscape design practice - garden or green space which you and your family or colleagues can use to imagine a transformed edible space.
- Selecting suitable solutions for different types of green space, card placement exercise.
- Tour of an existing edible garden/green space

Topics/Solutions Covered on this Course

- Food Production
  - Edible Gardens, Forest Gardens & Edible Landscapes
  - Edible Mushroom Growing
  - Edible Hedges
  - Fruit trees/bushes – varieties
  - Home Orchards & Community Orchards
  - Vegetable Gardens, Raised Beds, Container Gardens, Covered Growing
- Water Systems
  - Ponds & Greywater
  - Self-watering containers
  - Rainwater & Irrigation
- Animal Systems
  - Backyard Chickens & Ducks
  - Wormeries
  - Beneficial Insect Plantings
- Waste & Fertility
  - Composting Systems
  - Natural Fertilising & Feeding
  - Mulching & Weed Management
  - Ecological Lawncare
Concepts Covered on this Course

- Designing
- Creating & augmenting micro climates
- Permaculture principles
- Vertical growing
- Mapping & surveying
- The Soil Food Web
- Composting
- Mulching
- Pruning

What you take away from the course

As well as knowledge and info of the above, you will get the opportunity to practice:
- Finished design of your own garden or green space
- Surveying and mapping skills

You will be provided with the following info and resources to take away:
- Full colour course handout/reader with info on everything taught

Our courses also give you the opportunity to meet people with similar interests and experiences of their own, and to get your specific questions answered.
You will leave with increased confidence, insight and ideas to put your new knowledge and skills into practice.

Who is this course for?

- Homeowners
- Allotment holders
- Gardeners
- Community Groups
- Building Managers
- Landscape & Maintenance Gardeners
- School teachers
- Schools workers

Testimonials

'This was a very well constructed training event from an expert in the field – thanks to Niels.'
Miranda Clarke (Biospheric Urban Activities course participant)

'Really enjoyed the day and meeting some great people! Niels was top, I thought his humour relating to the subject and opinions was brill. Thanks!'
Tom Dorsett (Biospheric Urban Activities course participant)